

## Urban Core Menu Autumn Winter 2017 Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following: - almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Starters	Soup of The Day (V) please add your bread option from below:-	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Starters	Sliced Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	No gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Sliced White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	BBQ Chicken Wings	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Hand Battered Cod Goujons †	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No
Urban - AW17 Main Menu	Starters	Baked Camembert (V)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Our Favourites Platter	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No
Urban - AW17 Main Menu	Starters	Pulled Pork Nachos	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Starters	Nachos - Cheese v	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Starters	Macaroni Cheese v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Starters	Chicken Platter - Please add your sauce options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Starters	New Piri Piri Hot Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Mayonnaise Reduced Fat		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Starters	Texan BBQ Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Smoked Salmon and Avocado †	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Marinated Olives (v)	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Starters	Wild Boar Sausage	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	No	Yes	No
Urban - AW17 Main Menu	Snacks	Jacket & Beans	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Plain Jacket Potato	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket Chicken & Bacon	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket Tuna Mayonnaise	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket Pulled Pork	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket with Cheese	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket with Cheese and Beans	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Jacket Coleslaw	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Open Sandwich - Falafel and Gucamole (v) - please add your side options from below:-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	Yes	No	Yes
Urban - AW17 Main Menu	Snacks	Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Open Sandwich - 5oz Philly Steak - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Open Sandwich - Chicken and Bacon - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Sandwich - Hand-Battered Cod Goujons † - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Snacks	Sandwich - Cheese & Chutney Bloomer V - please add your side options from below:-	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Open Sandwich - Hunters Chicken - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Sandwich - Tuna Mayo Melt Bloomer † - please add your side options from below:-	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Open Sandwich - Smoked Salmon † - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Snacks	Sandwich - Roast Beef & Horseradish Sandwich - please add your bread option from below:-	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Sandwich - Sausage and red onion chutney - please add your side options from below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Urban - AW17 Main Menu	Snacks	Pink Star Coleslaw		No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Sliced Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Snacks	Fries		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Snacks	Mixed Case Soup - Please speak to a member of the team for today's flavour		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Mains	Louisiana Burrito v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Mains	BBQ Pulled Pork Burrito	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Mains	Hunters Chicken	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Sausages & Mash	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Lasagne	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Mexican Bean Salad v:-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Mains	Chicken & Bacon		No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Rump Steak		No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Halloumi		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Steak & Ale Pie	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Chicken & Mushroom Pie	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Mixed Leaf Salad v - Please add your topper from the options listed below:-	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Chicken & Bacon		No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Rump Steak		No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Halloumi		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Lemon & Garlic Chicken	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Camembert & Beetroot open pie v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Quinoa, Bean & Falafel Salad (Ve)	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes
Urban - AW17 Main Menu	Mains	Burger - Bacon & Cheese Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Burger- The Beef Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Mains	Burger - Chicken Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Burger- Chicken Trio Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Burger - Wagyu Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Burger - Falafel Burger (V)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	No	Yes
Urban - AW17 Main Menu	Mains	Burger - Dirty Dip Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	Yes
Urban - AW17 Main Menu	Mains	Burger - Loaded Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Cod & Chips † - Please add your pea choice from the options listed below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	Yes	No
Urban - AW17 Main Menu	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Our Ultimate Fish & Chips † - Please add your pea choice from the options listed below:-	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Scampi & Chips † - Please add your pea choice from the options listed below:-	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Veggie Fish & Chips - Please add your pea choice from the options listed below :-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	Yes	No
Urban - AW17 Main Menu	Mains	Mushy Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Roast Sirloin Of Beef	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Half Roast Chicken	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Duo of Meats	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Kids Sunday Roast Beef	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Kids Sunday Roast Chicken	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	8oz Rump Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Gammon and Egg	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	5oz Rump Steak	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Mains	Braised Beef and Bone Marrow Suet Pie	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Mains	Roast Nut Wellington	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	Yes (Cashews)	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Urban - AW17 Main Menu	Sides	Seasoned Chips	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Deli Side Order Chips (v)	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Curry Sauce	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Sides	Curry Sauce & Mushy Peas	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Sides	Deli Side Order Soup	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Urban - AW17 Main Menu	Sides	Piri Piri Sauce	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Sides	Extra Bacon	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Peppercorn Sauce	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Smoked Hollandaise Sauce	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Caramelised Onion & Chorizo Gravy	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	Yes
Urban - AW17 Main Menu	Sides	Seasonal Vegetables	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Strawberry Jam	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Marmite Portion	Total Allergen Outcome	Yes	Yes	Yes (Barley)	No	No	Yes	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Seasoned Fries (V)	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Deli Side Order Fries (V)	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Onion Rings (v)	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Burger Topper onion rings	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Bloomer Bread and Butter (v) - Please add your bread choice from the options below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Garlic Ciabatta v	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Garlic Ciabatta with Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Sides	Crunchy House Coleslaw (v) (g)	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Sides	House Mixed Salad	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Sides	Deli Side Order House Coleslaw (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Urban - AW17 Main Menu	Sides	Deli Side Order Mixed Salad (v)	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Urban - AW17 Main Menu	Desserts	Chocolate Fudge Cake v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Urban - AW17 Main Menu	Desserts	Clotted Cream Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Custard		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Ice Cream v - Please add your ice cream choice from the options listed below:-	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Urban - AW17 Main Menu	Desserts	Eton Mess Ice Cream		No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Classic Chocolate Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Urban - AW17 Main Menu	Desserts	Clotted Cream Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Strawberry Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Sticky Toffee & Date Pudding v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Urban - AW17 Main Menu	Desserts	Eton Mess Scone Cup v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Urban - AW17 Main Menu	Desserts	Apple Crumble	Total Allergen Outcome	No	Yes	Yes (No-gluten oats)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes